



HEALTH PROFESSIONS ADVISING

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Occupational Therapy

The following information is intended to answer some of the typical questions from students who are interested in a Human or Animal Health related fields. We hope this information offers an opportunity for comparison, but it may not represent any individual program, school, or profession completely. Please ALWAYS double-check your information before making decisions!

OVERVIEW:

Occupational therapy is a health, education and human service profession. Occupational Therapists (OTs) work with people of all ages to enhance their performance of important everyday activities (occupations) despite the effects of illness, disability, or injury.

Occupational Therapists (OT):

- Utilize a variety of strategies and is a skilled problem solver who is committed to finding ways to enable people to lead independent, productive, and satisfying lives
- Deal with an individual's physical well being
- Address psychological, social, and environmental factors

This unique perspective makes OT an important part of a health care program. With an OT, a client works to improve her/his ability to participate fully in activities of daily living. A client's work with an OT may be closely coordinated with that of a physical therapist, speech/language therapist, social worker, and/or teacher as all of these fields involve improving an individual's ability to participate in everyday occupations.

PREREQUISITES:

These courses are provided as GENERAL pre-requisites and may not represent a complete list of requirements. It is the student's responsibility to check with each professional school in order to determine specific pre-requisites courses and equivalencies for each institution.

Requirement	Recommended CSU Course(s)
Human Understanding	One course: ANTH 100/200/315/340, ETST 200, ETST/JTC 316, IE 270A, AGRI 270, IE/PHIL 550, PHIL 204/205, SOC 100/205, or SPCM 305/306
Lifespan Development	One course: HDFS 101, PSY/HDFS 175
Introduction to OT	OT 110
Medical Terminology	OT 215
Statistics	One course: STAT 201, STAT 204, STAT 301, STAT/ERHS 307, STAT 310
Abnormal Psychology	PSY 320
Physiology	BMS 300 + 302
Human Anatomy	BMS 301
Brain and Behavior	PSY252, PSY 458, PSY 454, or BMS 345 (CSU only)
Physics (some programs)	PH 121



PROGRAMS

Accredited Programs:

- [Accredited Entry-Level OT Programs \(AOTA\)](#)

Programs in Colorado:

- [Colorado State University](#)
- [Regis University/Creighton OTD Pathways Program](#)

ADMISSIONS TESTS

Graduate Record Exam (GRE): www.gre.org

APPLICATION SERVICES

Occupational Therapy Centralized Application Service (OTCAS): <https://portal.otcas.org/>

ASSOCIATIONS

American Occupational Therapy Association: www.aota.org